

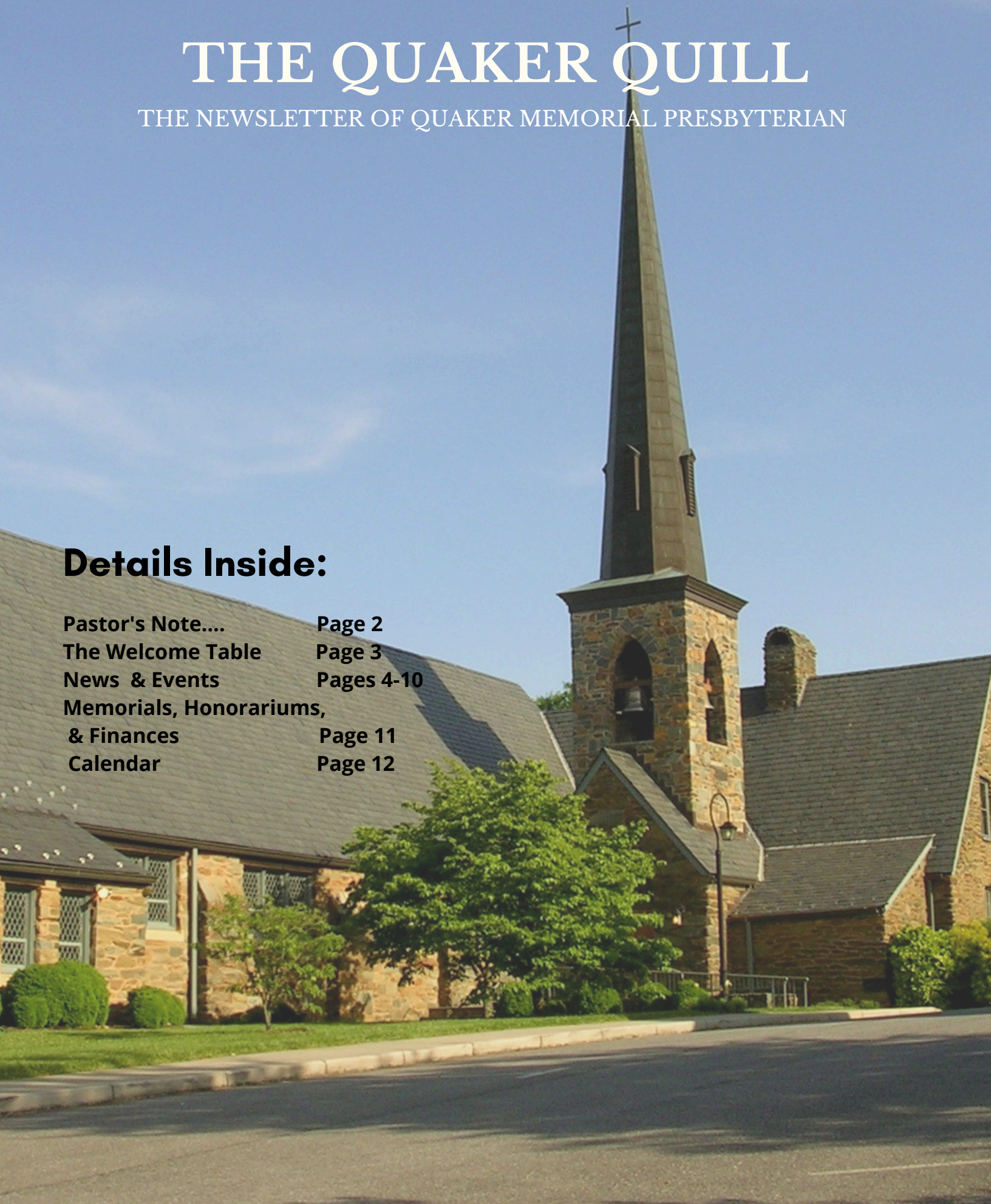
SEPTEMBER 2024

# THE QUAKER QUILL

THE NEWSLETTER OF QUAKER MEMORIAL PRESBYTERIAN

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## A WORD FROM OUR PASTOR

Grace and Peace,

As the summer winds to an end and all of our students are back in school let us offer this prayer:

God of all learning, your wisdom is greater than our minds can attain, and your truth enlightens our learning. We ask you to bless our students and teachers with hearts of compassion and courage and minds eager to learn. May they feel your presence throughout this school year. Continue to shape them, that they may walk in the way of Christ, grow strong in the Spirit's love for all people and know complete joy of life in you. Keep them safe. Keep them safe mind, body and spirit. Keep them kind and eager to learn. Amen.

Our 3rd Block Party celebrating our city's founder, John Lynch and resident of our church yard has made a move to September 28...we are hoping for a cooler day!!! Also, we are moving the event to earlier in the day to capture the cool fall breezes of the morning. WE NEED YOU for this to be a success!!! There will be a multitude of sign up sheets in the Narthex beginning September 1 for greeters, bathroom attendants, popcorn makers, set up, clean up, publicity and donations...be sure to check them all out and sign up for everything you can help with!!! Mark your calendars for Saturday, September 28 from 10am to 1:00pm...we hope to have a great day celebrating our history and our welcoming our neighbors.

Don't miss the Congregational Meeting on September 8 to elect our Nominating Committee to begin the work of putting together a slate of new officers.

Shalom,  
Anghaarad



It is good to be home after a great 2+ weeks serving on the Planning Team for the Montreat Youth Conference. It is very rewarding work to serve the greater church and time spent with these amazing young people from all around our denomination are great reminders that the kids are all right!

Singers & Listeners of All Ages — Everyone is Invited!

# THE WELCOME TABLE

at

## QUAKER MEMORIAL PRESBYTERIAN CHURCH

5810 Fort Avenue, Lynchburg, Virginia 24502

# Potluck Dinner & Community Sing

featuring

A Warm Welcome, Fine Food & Sweet Harmony

Americana & Roots Music, Spirituals, Gospel Songs,  
Country Blues, Mountain Hymns & Civil Rights Anthems

FRIDAY EVENING, SEPTEMBER 13<sup>TH</sup> AT 6:30

Bring a Friend or Two & a Dish to Share!

For more information, please call 434.239.2548

This is a Community Event.

People of All Faiths & People of No Faith are Welcome.

Atheists are Particularly Welcome, Especially if They can Sing Bass.



## **New Office Hours Beginning in September**

Starting next week, the church office hours will be 9am to 1pm Monday through Thursday.



## **Coffee with the Pastor**

Join Anghaarad for coffee at The Bagel & I at 20584 Timberlake Road on Monday, September 23 from 10 am-Noon. Come for a Cup of Joe, tea or even breakfast and great conversation...this is a wonderfully relaxing time for all members of Quaker and friends.



This month **Lunch Bunch** will head to MJ's in Bedford. This restaurant is on Hwy 460 across from the Walmart in Bedford. Join us on Wednesday, September 18 at 11:30 am. We will need to give a final head count to the restaurant by Monday, September 16 so please RSVP to Sara by text, call 434-941-3349 or email her at [buzzandsara@gmail.com](mailto:buzzandsara@gmail.com).

## **Chancel Choir and Handbell Rehearsals**

The Chancel Choir rehearsals will resume this Thursday, September 5 at 7pm. All are welcome!

Handbell Choir rehearsals resume on Sunday, September 8 at 3:30 pm.



**The Church Office will be closed Monday, September 2 for the Labor Day holiday.**



## **Field Trips for the Comfort Support Group and Other Interested People**

The Comfort Group is continuing their study of Ecclesiastes on Thursday mornings at 10am in the church library. Anyone can jump on board anytime. It's still in its beginning stages. Normally we meet two Thursdays per month but for the Bible Study we are meeting every week.

In October, the group will be taking two field trips. The first one is on the 9th to Yogaville in Buckingham County. Yogaville honors all religions. It is planned for us to attend a Hindu worship service called a Puja. The second field trip is a train ride in the Blue Ridge Mountains on the Blue Ridge Flyer on October 12th. Anyone who would like more information and/or are interested in joining us please contact Peggy Deyerle by text, phone or email. at 434-258-1256 or [mrsdeyerle@gmail.com](mailto:mrsdeyerle@gmail.com). You can find out about the train ride and other trips that are available at [abbottbus.com](http://abbottbus.com).



## **Spiritual Life Fair at Sweet Briar College**

Anghaarad has been invited to represent Quaker at Sweet Briar on Friday, September 6. She will be welcoming students to the Greater Lynchburg area and inviting them to join us at Quaker. If you know of any college student in the Lynchburg area invite them to Quaker this fall!

## **Pray for Confirmands**

Our confirmation class has begun and as they work with Anghaarad and their mentors on learning more about their faith please hold them in prayer. Our next class is September 29 after worship.





## Adult Sunday School

The Adult Sunday School Class starts Sunday, September 8! We meet in the Moseley Chapel downstairs (Room 4 if you're counting) every Sunday morning from 9-9:45.

We follow the FEASTING ON THE WORD curriculum, which each week presents a scripture lesson and 4 basic questions:

- 1) WHAT is important to know?
- 2) WHERE is God in these words?
- 3) SO WHAT does this mean for our lives?
- 4) NOW WHAT is God's word calling us to do?

David Gellert, David Webb, and Bob Lockridge (who are nevertheless and otherwise just members of the class) meet on Wednesdays to look over the lesson, and will send out the Feasting guideline to prepare us for Sunday.

Join us for lively discussions and Christian fellowship!

**QMPC Youth**  
Kick Off

**Sept. 8**  
5:45 PM  
IN THE  
FELLOWSHIP  
HALL

**PARENTS---PIZZA---PICTIONARY**  
ALL YOUTH PLAN TO JOIN US FOR OUR KICK-OFF AND DON'T FORGET TO BRING YOUR PARENTS & YOUR CALENDARS!!!



## Composting at QMPC

Prior to constructing the raised bed and fenced garden space we enriched our soil with a sawdust/horse manure mixture that had cured outside of Lewis and Molly Garbee's horse barn for 2 to 3 years. We now spread this mixture in the raised beds as well as on the ground garden area on a regular every other year basis. We prep the ground garden and the raised beds with a rototiller first, followed by spreading the manure/sawdust mixture about 4 inches deep and then rototill it again. Initially we checked the pH of the soil which was acidic and we continue to add 40 to 80 pounds of lime each time we amend the soil.

In 2014 we constructed four 4' x 4' x 4' compost bins to place garden waste and leaves in to decay. Once it decayed we spread it with the sawdust/horse manure mixture, on the raised bed and fenced garden space.

When we became an Earth Care Congregation we decided to involve more people in the congregation in the process of composting for the garden. We did the following:

1. We visited Lynchburg Grows to see how they processed their compost from the community
2. We visited <https://www.epa.gov/recycle/composting-home> which outlines the materials that can and cannot be used from home for composting.
3. We sponsored a Tomato Sandwich Lunch after church and educated the congregation about composting. We passed out fifteen 5 gallons buckets for church members who were interested.
4. We contacted Lynchburg Daily Bread, asking them to provide us with two 5 gallon buckets twice weekly filled with green organic waste.
5. We applied for a grant from PoP Earth Care workgroup to pay for two 50 gallon compost tumblers. Using the tumblers for half a year we created 85 gallons of compost.

Sam and Josie Miller have been bringing a mixture of sawdust/chicken manure from cleaning their chicken yard and Lewis and Molly Garbee continue to bring sawdust/horse manure on an as needed bases. We are still getting four 5 gallon buckets of "Nitro-Rich Green Material" per week from Daily Bread.

With the fall coming we need for you to bring bags of dried fall leaves mulched or un-mulched in garbage bags and place the bags in front of the upper three compost bins. We will mix the "Green" material with the "Brown" material in the compost tumblers to increase our production of our compost material.

Please check out <https://www.epa.gov/recycle/composting-home> to learn more about composting.

Thanks

The Garden Team



QUAKER MEMORIAL PRESBYTERIAN CHURCH

# Block Party!



Saturday, September 28

CELEBRATING

THE FOUNDER OF LYNCHBURG

**10AM-1PM**

**5810 FORT AVENUE**

FUN FOR ALL!

BRING A LAWNCHAIR & YOUR FAMILY



We need volunteers to sign up for the following tasks:

Hospitality tent (popcorn & water distribution)

Bathroom Attendants

Publicity

Water bottle donations (15 cases)

Set Up

Clean Up

Bounce House

Meeting House Tours

Trash & Recycling

Sign up sheets are available in the Narthex.





FAIRVIEW CHRISTIAN CHURCH  
2701 CAMPBELL AVE, LYNCHBURG, VA 24503

**PASTOR INSTALLATION SERVICE**  
**REVEREND CHRISTOPHER JAMES CARTER**

AND I WILL GIVE YOU SHEPHERDS AFTER MY OWN  
HEART, WHO WILL FEED YOU WITH KNOWLEDGE  
AND UNDERSTANDING. -JEREMIAH 3:15

**SEPTEMBER 22, 2024**

**12:30PM: COMMUNITY RECEPTION**

**1:30PM: PRE WORSHIP MUSICAL**

**2:00PM: INSTALLATION SERVICE**



Quaker will have a table at the Craft Fair...if you have a craft or baked good you would like to donate please let Anghaarad know ASAP. We are long time partners with Interfaith Outreach and this is another way we can support the good work that they do for our neighbors.



# Living Peace, Practicing Nonviolence



## Friday, October 4 - Book Talk & Signing

7:00 pm - The Gospel of Peace by Rev. John Dear

Snidow Fellowship Hall, First Christian Church (DOC)

## Saturday, October 5 - Living Peace, Practicing Nonviolence

### A Workshop with Rev. John Dear

9:00 am - 3:00 pm - Community Workshop

Quaker Memorial Presbyterian Church, Lynchburg

How can we practice the nonviolence of Jesus, Gandhi, and Dr. King today, in our personal lives, in Virginia, and in the world? What can we do? How can we be more nonviolent and work for a more nonviolent world? Author, activist, and Nobel Peace Prize nominee, Rev. John Dear, will offer this day-long workshop based on his book, The Nonviolent Life, that will have three sessions based on, what he calls, the three attributes of nonviolence: being nonviolent to ourselves; being nonviolent toward all those we know, all people, and all creation; and being part of the global grassroots movements of people power, bottom up nonviolence for justice, disarmament, creation and peace. He will give three talks, and there will be time for small group and large group discussion, and lunch will be provided. Join us to reflect on how we can become more nonviolent, and work for a more nonviolent Virginia, nation, and world! Registration details to come.

## Sunday, October 6 - Sunday Morning Worship

11:00 am - Worship Service with guest speaker, Rev. John Dear

First Christian Church (DOC), Lynchburg

## AUGUST MEMORIALS & GIFTS

### In Memory of Jim Brent

Maureen & Bob Lockridge, Jr.

Ann Ronk & the Burkholder family

Randy Sayre

Andrea & David Webb, Sr. (Montreat Youth Trips)

Carolyn & Reuben Womack

### In Memory of Mary Dillon Cure

Sarah Garrett

Catherine & Michael Madden

Randy Sayre

Carolyn & Reuben Womack

### In Memory of Jane Reynolds

Maureen & Bob Lockridge, Jr. (Garden Fund)

Randy Sayre

Sally & David Sease

Susan Williams

### In Memory of Carey Rice

Dolly & William Cardwell

Dana & Mike Chenault

Maureen & Bob Lockridge, Jr.

Shirley Morris (Care & Nurture)

Randy Sayre

Andrea & David Webb, Sr. (Montreat Youth Trips)

## Church Financial Report

	Jul-24	Monthly	Year to Date
Revenue		\$21,359.55	\$225,657.51
Expenses		\$36,409.54	\$210,507.52
Difference		(\$15,049.99)	\$15,149.99

## Thank You!

Quaker Memorial Presbyterian -

Thank you so much for allowing me to use your kitchen to prep for the Lynchburg Top Chef Competition at Jubilee Center. I truly appreciate it. I am leaving a few business cards for anyone that may need a caterer for an event.

Thank you again,

The Chef Knut team

## Online Giving Available

Just a reminder that we now offer electronic giving. You can give simply by scanning the QR code to the side or go to our website [www.qmpc.org](http://www.qmpc.org) and click the GIVE NOW button at the top of the page to be taken to our secure site. There is a small fee involved and you will have the option to cover that fee when you give.





# September 2024

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>1 10am Worship</p>	<p>2 Labor Day <b>Church Office closed</b></p> 	<p>3 8am Garden maintenance</p>	<p>4 11am Centering Prayer</p> <p>6pm Prayer for others at home</p>	<p>5</p> <p>7pm Chancel Choir rehearsals resume</p>	<p>6 8am Garden maintenance</p>	<p>7 8:30 to 10:30 am Garden Workday</p>  <p>Garden Work Day</p>
<p>8 9am Sunday School 10am Worship 11:15am Congregational meeting 3:30pm Handbells 5:45pm Youth Fellowship Kickoff</p>	<p>9</p>	<p>10 8am Garden maintenance</p> <p>10:00 am Communion at The Summit</p> <p>6pm Communion at Bentley Commons</p>	<p>11 11am Centering Prayer</p> <p>6pm Prayer for others at home</p> <p>6:30 pm Property Committee</p>	<p>12 10am Comfort Table Support Group</p> <p>7pm Chancel Choir rehearsal</p>	<p>13 8am Garden maintenance</p> <p>2pm Cemetery/ Columbarium/ SRMH Committee meeting</p> <p>6:30pm The Welcome Table</p>	<p>14</p>
<p>15 9am Sunday School 10am Worship 11:15am Session 3:30pm Handbells No Youth Fellowship</p>	<p>16</p>	<p>17 8am Garden maintenance</p>	<p>18 11am Centering Prayer</p> <p>11:30am Lunch Bunch</p> <p>6pm Prayer for others at home</p>	<p>19 3pm Communion at Willow Ridge</p> <p>4:30 pm QMPC-UL-LMS Task Force meeting</p> <p>7pm Chancel Choir rehearsal</p>	<p>20 8 am Garden maintenance</p>	<p>21 Worker Bees</p>
<p>22 9am Sunday School 10am Worship</p>  <p>3:30pm Handbells 5:45pm Youth Fellowship</p>	<p>23 10am to noon Coffee with the Pastor</p> 	<p>24 8am Garden maintenance</p>	<p>25 11am Centering Prayer</p> <p>6pm Prayer for others at home</p>	<p>26 10am Comfort Table Support Group</p> <p>7pm Chancel Choir rehearsal</p>	<p>27 8 am Garden maintenance</p>	<p>28 10am to 1pm John Lynch Block Party</p> 
<p>29 9am Sunday School 10am Worship 11:15am Confirmation Class 3:30pm Handbells No Youth Fellowship</p>	<p>30</p>					