# MARCH 2025 THE NEWSLETTER OF QUAKER MEMORIAL PRESBYTERIAN

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Grace and Peace to You!

From the beginning of the story of God and God's people, God has been sending faithful servants out into the world. Sending people into action to be God's people, to spread the Gospel, to care for the widow, to release the captives, to heal the sick, to speak for justice, to witness the power and agony of Holy Week. Psalm 43 has a beautiful line: "O send out your light and truth, let them lead." Might we be God's light and truth sent out into our city, our community and our world to lead people. This season of Lent we will be mindful of how we are still a part of God's Sending Story. As the beloved community and individuals we will be challenged to listen for Christ's call to where we are being sent this day, season, year.

This season of Lent we will have a variety of opportunities to put into practice this "sending." There will be some mission opportunities, a neighborhood walk, Lenten practices, prayer centers, and outreach...deepen your Lenten journey by taking part in all that we will work together on. I am confident that the Holy Spirit is sending Quaker out into our community...we do this in variety of ways already but is something new on the horizon? We won't know until we start actively listening, praying and stretching our proverbial muscles to see where God is sending us to be light and truth, to lead.

I want to thank everyone who participated in worship this past month…you were willing to jump into something a little different as we tackled some loving conversations. The energy and ideas that these conversations sparked were a balm for my soul. Thank you and let's keep talking and building one another up in love.

Love and Light, Anghaarad Singers & Listeners of All Ages – Everyone is Invited!

# THE WELCOME TABLE

# QUAKER MEMORIAL PRESBYTERIAN CHURCH

5810 Fort Avenue, Lynchburg, Virginia 24502

# Potluck Dinner & Community Sing

# featuring

A Warm Welcome, Fine Food & Sweet Harmony Americana & Roots Music, Spirituals, Gospel Songs, Country Blues, Mountain Hymns & Civil Rights Anthems

# FRIDAY EVENING MARCH 14<sup>TH</sup> AT 6:00

Bring a Friend or Two & a Dish to Share!

For more information, please call 434.239.2548

This is a Community Event.

People of All Faiths & People of No Faith are Welcome. Atheists are Particularly Welcome, Especially if They can Sing Bass.





#### **COFFEE WITH THE PASTOR**

Join Anghaarad for coffee at The Bagel & I at 20584 Timberlake Road on Monday, March 17 from 10 am to noon. Come for a cup of coffee, tea or even breakfast and great conversation...this is a wonderfully relaxing time for all members of Quaker and friends.



We are going to try this again! This month **Lunch Bunch** will head to JT's Grill, US 29 Business in Madison Heights. Join us on Wednesday, March 19 at 11:30 am. We will need to give a final head count to the restaurant by Monday, March 17 so please RSVP to Sara by text, call 434-941-3349 or email her at buzzandsara@gmail.com.

#### SENT INTO LENT NEIGHBORHOOD WALK MARCH 23RD AT THE CONCLUSION OF WORSHIP

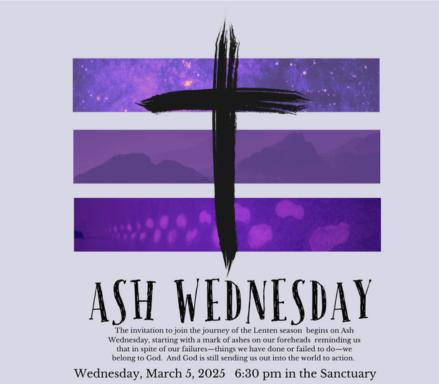
Wear your walk-ing shoes to worship on Sunday March 23 because we will embark on a prayer walk around our neighborhood immediately after worship. If you have a shirt that has Quaker on it, please wear it that day. The walk should last about 30-45 minutes. Everyone is encouraged to invite friends to join us...and if you feel that you are unable to walk with us but would like to ride in a lead car or follow car, let Anghaarad know ASAP.



Don't forget to set your clocks one hour ahead when you go to bed on Saturday, March 8. Daylight Savings Time begins on Sunday, March 9.

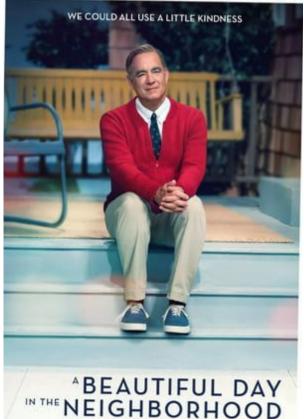












A BEAUTIFUL DAY IN THE NEIGHBORHOOD

March 16 at 5:30pm

The youth are inviting the entire church to a screening of this biopic movie about Fred Rogers, beloved children's television host, Mr Rogers and Presbyterian minister. There will be a concession stand complete with hot dogs and popcorn. Following the movie the youth will lead us in table discussions on how we can be better neighbors and show more empathy, compassion, and grace in our world and our daily living. Please mark your calendars and be here!

As Presbyterians we do not have saints days like some other faith traditions but we do have a day on our church calendar to give thanks for the ministry of Mr. Rogers (March 20th)...won't you be our neighbor and join us for this delightful movie and important discussion.



CHURCH-WIDE CRAFT CLEAN OUT AND ORGANIZATION OR CRAFT-A-PALOOZAI

WOW!!!! Despite the stops and starts thanks to the weather, we were able to gather all of the crafting supples from all 3 floors of our building and place on tables in the Fellowship Hall...we sorted, purged, reorganized, donated, labeled and contained piles and piles of supplies. A very big thank you to Valerie Rogers (Brenna & Ellie too) and Julia Bryan for their above and beyond work getting this project completed!











Women's Bible Study is ongoing on Wednesdays starting at 6:30pm...we are 2/3rds of the way through our book by Anne LaMott and the topic of prayer. We will select a new topic once we complete this book...but as you can see this group has a lot of fun mixed in with thoughtful conversations and study. All women of Quaker and friends are invited to join us at any time.

#### YOUTH SUNDAY PLANNING!

Hey YOUTH we need you on March 30 at 5:30pm for planning our Youth Sunday service scheduled for May 4, 2025. We have chosen the theme "May the Lord be with You!" and we will need everyone's input for scripture, music and other parts of the service. If you have not given Liz your t-shirt size, please do so ASAP!

NEWS & EVENTS

# **Practicing Peace, Living Nonviolence:** A Weekend with Rev. John Dear



John Dear is an internationally known author, activist, and teacher of peace and nonviolence.

He calls people to practice Gospel nonviolence for the abolition of racism, poverty, environmental destruction, war, and nuclear weapons.

John has traveled the world teaching, lecturing, organizing, and practicing nonviolence, in pursuit of a more nonviolent world.

## Saturday March 22 9:00 am - 3:00 pm

Community Workshop "The Nonviolent Life" Quaker Memorial Presbyterian Church 5810 Fort Avenue

Register here:



## Sunday March 23 4:00 pm

Turner-Warren Lecture on Life and Faith First Christian Church (Disciples of Christ) 3109 Rivermont Avenue

Free and open to the public!

# Tuesday March 25 7:00 pm

Shumate Lecture on the Ministries of Peace and Nonviolence University of Lynchburg Snidow Chapel 1501 Lakeside Drive

Free and open to the public!

#### **CONFIRMATION CLASS FAITH STATEMENT**



Joy Jacob

Joy is the daughter of Michael & Tami Jacob. She is an 8th grader at Dunbar Middle School and her Confirmation Mentor is Casey Wood. Joy composed a beautiful original song and in the coming weeks she along with the youth choir will sing it in worship. Here are her thoughtful lyrics:

### He Lifts Me Up

Verse 1 (Genesis 1)

You are the night The stars up in the sky You showed me Grace My lovely light You show me space I never feel misplaced You help through all no matter what case

#### Chorus

You lift me up You lift me up With arms of love You lift me up And I am strong And I have promise Because you lift me up Verse 2 (Revelation 22:13)

You are the morning star You are the start and the end You are near and far You'll be there till the end You make me see the power in me You are the strength that lifted me

#### Chorus 2

You lift me up You lift me up With arms of love You lift me up And I am strong And I have promise Because you lift me up And I am strong And I have promise Because you lift me up

## JANUARY MEMORIALS & GIFTS

### In Memory of Jerome Coleman

Joseph Stinnett

## In Memory of Virginia Kerr

Anne Soukhanov

## In Memory of Chuck McKeag

Phyllis Webb



#### WELCOME NEW MEMBER

Todd Martin was received by reaffirmation of faith on Sunday, February 16...he has already become a familiar face around Quaker volunteering for Worker Bee Saturdays and the Block Party. He lives near the church and has felt a tremendous welcome since worshipping with us. Please make Todd feel a part of the Quaker family.

Jan-23 Monthly			Year to Date		
Revenue	\$	28,241.98	\$	28,241.98	
Expenses	\$	30,743.48	\$	30,743.48	
Difference	\$	(2,501.50)	\$	(2,501.50)	

#### ONLINE GIVING AVAILABLE

Just a reminder that we now offer electronic giving. You can give simply by scaning the QR code to the side or go to our website www.qmpc.org and click the GIVE NOW button at the top of the page to be taken to our secure site. There is a small fee involved and you will have the option to cover that fee when you give.





Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 9am Sunday School 10am Worship	3	4 9am Zoom Bible Study	5 6pm Pray for Church family at home 6:30pm Ash Wednesday Service	6 Presbytery Meeting at Quaker 7pm Chancel Choir Rehearsal	7	8 10 TV2 T 2 9 9 9 9 9 9 9 9 9 9 9 9 9
9 9am Sunday School 10am Worship 11:15am Missions Committee	10	11 9am Zoom Bible Study 10am Communion at The Summit 6pm Communion at Bentley Commons	12 6pm Pray for Church family at home 6:30pm Property Committee 6:30 pm Women's Bible Study	13 7pm Chancel Choir Rehearsal	14 9am Lynchburg Retired Teachers Board Meeting 10m Lynchburg Retired Teachers General Meeting 6pm Welcome Table	15 9am to noon WORKER BEES
16 9am Sunday School 10am Worship 11:15 am Session 5:30pm A Beautiful Day in the Neighborhood	17 10am to noon Coffee with Pastor at The Bagel & I	18 9am Zoom Bible Study	19 11:30 am Lunch Bunch 6pm Pray for Church family at Home 6:30pm Women's Bible Study	20 1st Dayor Spring 3pm Communion at Willow Ridge 7pm Chancel Choir Rehearsal	21	22 8am to 4pm Practicing Peace, Living Nonviolence Workshop 9am to noon Garden Workday
23 9am Sunday School 9:30am Called Session meeting 10am Worship 11:15am Neighborhood Walk	24	25 9am Zoom Bible Study	26 6pm Pray for Church family at Home 6:30pm Women's Bible Study	27 7pm Chancel Choir Rehearsal	28	29 9am to noon Garden Planting
30 9am Sunday School 10am Worship 5:30 pm Youth Sunday planning meeting	31					